



# NARELLAN VALE NEWS

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## A picture says a thousand words.....



## Principal's Message

Dear Parents and Carers,

What an amazing start we have had to Term 4! We welcomed our 2020 Kindergarten students last Tuesday to our first Kindergarten Orientation session, which was very successful. It was lovely meeting new families who will be joining our school community next year.

Classes have been visiting the Life Education van over the last few weeks here at school and have enjoyed the engaging learning experiences.

On Monday night Miss Mair, Mrs Cibilic and I attended the 2019 Aboriginal Student Achievement Awards at event Cinemas, Campbelltown. We proudly watched Josh J receive an achievement award in Numeracy. Well done Josh!

Yesterday our students enjoyed a fun packed Zonka Day supporting our Year 6 students for their end of year celebrations. Thank you to Mrs Pikula and the Stage 3 team for organising such a wonderful event. There was a definite buzz all day especially at show bag time!

Congratulations to the students who received Super Student awards at our whole school assembly yesterday! The students are very excited about the next Rewards Day at United Cinemas, which is taking place on the 6<sup>th</sup> December. Details are coming home very soon.

If you are moving and won't be at NVPS next year can you please advise the front office immediately.

Have a wonderful fortnight!

Kind Regards  
Mrs Belinda Hooper  
Relieving Principal

## 2019 DATES TO REMEMBER

### November

5 <sup>th</sup>	Kinder Orientation 2
6 <sup>th</sup>	State Athletics
7 <sup>th</sup>	State Athletics
11 <sup>th</sup>	Stage 3 camp
12 <sup>th</sup>	Stage 3 camp
13 <sup>th</sup>	Stage 3 camp
19 <sup>th</sup>	Kinder Orientation 3
20 <sup>th</sup>	School Spec
21 <sup>st</sup>	School Spec
	Whole School Assembly
22 <sup>nd</sup>	School Spec
27 <sup>th</sup>	P&C Meeting @ 7pm

### December

2 <sup>nd</sup>	Bike Track Excursion
	Year 3 camp
3 <sup>rd</sup>	Year 3 camp
4 <sup>th</sup>	Bike Track Excursion
6 <sup>th</sup>	PBL Reward Day
10 <sup>th</sup>	K-2 Presentation
11 <sup>th</sup>	Yr 6 Graduation
	Yr 6 Farewell
	Kinder Graduation
	Bike Track Excursion
12 <sup>th</sup>	Bike Track Excursion
	Stage 2 & 3 -
	Presentation Evening
13 <sup>th</sup>	Year 6 Beach Day
17 <sup>th</sup>	Christmas Carol
18 <sup>th</sup>	Last day of Term 4





**WHO IS WHO - Michelle Sarjana**

I hope you enjoy learning about the staff at NVPS over the year as they feature in the fortnightly newsletters. Once again it is my turn although I have avoided it for a couple of years.

I am the very proud Principal of

Narellan Vale Public School and have been for the past 3 years. My educational journey spans 40 years. I enjoy the interactions with our students, staff, parents and the community. Leading NVPS is a privilege and I am amazed at the wide array of achievements across the academic, sporting and cultural arenas.

I have worked across several schools in South Western Sydney including; Fairfield West, The Grange, Robert Townson, Elderslie and internationally in Hong Kong.

I am the mother of four grown up children (one daughter and three sons) and all of their names begin with the letter 'J'. I even have a couple of teachers in my family too!

We have one spoilt twelve year old dog-a long haired Chihuahua and her name even begins with the letter J too!

My passions include learning, travelling, languages, cooking, reading and my two grandchildren!

One of my favourite quotes is 'The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice' -Brain Herbert.

**STATE KNOCKOUT NETBALL**

Congratulations to our talented State Knockout Netball team who won the Sydney South West/Sydney West region late last term, which started with 47 teams. Last Thursday they won their quarterfinal against Harbord Public School at Curl Curl and will play in the semi-finals next Tuesday at Penrith. We congratulate the team for making it to the top 4 in the state out of 516 teams and wish them the best of luck for their match next Tuesday. Thank you to Mrs Gough and Miss Goktas for training and supporting this team throughout the season and thanks to the parent helpers who have supported with transportation.

**2019 SCHOOL SPECTACULAR**

Our 2019 Schools Spectacular Dance team have been busily rehearsing over the last week at Homebush. Mrs Cook and Mrs Gasson have done an amazing job preparing the team and of course our dancers have made us proud!







**STUDENT PARLIAMENT**

This year, Narellan Vale Public School is supporting the Big Yellow Umbrella's Christmas Appeal. NVPS needs your help! Share a little Christmas magic with a Macarthur family in financial hardship by donating a gift for their children. Please donate new, unwrapped gifts for a male or female between 10 - 18 years old. Gifts for adults are also welcomed and encouraged. Please drop gifts off to the front office at Narellan Vale Public School. We would greatly appreciate any support.

Thank you,  
Student Parliament

**ABORIGINAL ACHIEVEMENT AWARD**

Congratulations to Joshua J in Year 2. Joshua was recognised for his work in Mathematics at the Aboriginal Achievement Awards on Monday evening. The ceremony was held at Event Cinemas Macarthur Square. Joshua was one of 108 students that were recognised for their outstanding learning this year. Students from all over Western Sydney are nominated and it is a great achievement. We are proud of Joshua's ongoing dedication to learning and the way he represented our community on Monday.

**ICAS COMPETITION RESULTS****WRITING****Year 3**

Aaron D	Credit
Daniel T	Merit
Neev U	Merit

**Year 4**

Indiana A	Credit
Hamish F	Distinction

**Year 5**

Maanya U	Credit
Olivia P	High Distinction

**Year 6**

Katelyn M	Credit
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**ENGLISH****Year 2**

Ava D	Credit
Willow D	Credit
Amara T	Credit
Lachlan W	Credit

**Year 3**

Daniel T	Credit
Neev U	Distinction

**Year 4**

Indiana A	Merit
Laila S	Merit
Hamish F	Distinction
Madeline L	Distinction

**Year 5**

Phoebe L	Merit
Maanya U	Merit
Abigail T	Credit

**Year 6**

Charlotte F	Merit
Mari P	Merit



**MATHEMATICS****Year 2**

Lucas W	Merit
Hayley J	Merit
Logan S	Credit
Sean W	Credit
Cassidy G	Distinction

**Year 3**

Ryan H	Merit
Joshua F	Credit
Daniel T	Credit
Kobe E	Credit
Neev U	Credit

**Year 4**

Hamish F	Merit
Indiana A	Credit
Madeline L	Credit

**Year 5**

Lachlan W	Merit
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**Year 6**

Mari P	Credit
Jaden A	Distinction

**SPELLING****Year 2**

Willow D	Credit
Cassidy G	Credit
Logan S	Distinction

**Year 3**

Daniel T	Merit
Kobe E	Merit
Chloe D	Merit
Joshua F	Credit
Ryan H	Credit
Neev U	Credit

**Year 4**

Jackson D	Merit
Hamish F	Merit
Madeline L	Merit

**Year 5**

Matthew D	Merit
Isabella H	Merit
Ella J	Merit
Maanya U	Credit

**Year 6**

Jaden A	Distinction
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**SCIENCE****Year 2**

Cassidy G	Distinction
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**Year 3**

Daniel T	Merit
Kobe E	Credit
Ryan H	Credit
Neev U	Credit

**Year 4**

Hamish F	Credit
Laila S	Credit

**Year 5**

Lachlan W	Credit
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**DIGITAL TECHNOLOGY****Year 3**

Kobe E	Credit
Ryan H	Merit

**Year 4**

Hamish F	Credit
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**Year 5**

Ryder E	Credit
Olivia P	Credit
Lachlan W	Credit







**LIZZIEBALD PRIZE ART COMPETITION**

(Presented by Elizabeth Macarthur High School)

All students from K-6 are invited to enter this annual art competition. Entry requirements include:

- a) Must be a portrait (A4 size, any medium)
- b) Must be of a distinguished person (someone famous)
- c) Submitted works need your full name, DOB and class
- d) Due by Wednesday 27th November 2019

A prize will be awarded to the judge's choice and finalists will be displayed at the CAPA showcase.

**EVERYONE IS WELCOME TO ATTEND THE EMHS CAPA SHOWCASE ON THE 5TH DECEMBER 2019.**

**HANDBALL REGISTRATION**

Registration Note is due no later Wednesday 6th November 2019. Permission note and \$5 needs to be given to Mrs Pikula in HB6.

Handball Competition will begin Thursday 7th November.

handball

Please check Mrs Pikula's room every day for the daily timetable.

**CHRISTMAS CAROL NIGHT**

We will be holding a Christmas Carols Night with the P&C Tuesday 17th December. Details coming soon!



The Second Hand Uniform Shop is set up near outside the office near the flagpole every Whole School Assembly.

**HIGH SCHOOL 2021**

If you would like to have your child considered for Year 7 selective high school entry in 2021, you need to apply on the internet using a valid email address (not the student's email address). Detailed instructions on how to apply online will be available from late-September 2019 at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>. The application website opens at that link on **8 October 2019** and closes at **10pm on 11 November 2019**. You must apply before the closing date.

**2019 TIGER SHIELD**

Congratulations to our six Tiger Shield football teams on their performances and results last Saturday. Players gave 100% effort and we are very proud of them.

All of the teams played extremely well against strong opposition. Players passed well throughout the games, providing many scoring opportunities. It is hard to single out any one player as all of the teams worked well together.

There are many photos of our students featured on the Camden Tigers Facebook page.

I would like to thank the staff, parents and the students who supported the teams. Also thank you to Mr Vince Abela who came along every Wednesday throughout term 3 to help train the Junior and Senior boys teams.

Mrs Cibilic



**K-2 ATHLETICS CARNIVAL RESULTS**

Our K-2 Athletics Carnival which was held last Wednesday was a great success and well attended by our community. Thank you to Mrs Maclou and her team of helpers for coordinating the organisation of this event.

**KG - Girls**

- 1st** Leilani K
- 2nd** Nirvana E
- 3rd** Emily F

**KG - Boys**

- 1st** Athen M
- 2nd** Cooper O
- 3rd** Dominic U

**KM – Girls**

- 1st** Mackenzie B
- 2nd** Isla H
- 3rd** Angelina L

**KM – Boys**

- 1st** Jaxon D
- 2nd** Seth G
- 3rd** Ryder G

**KN – Girls**

- 1st** Ava F
- 2nd** Ella K
- 3rd** Isabella B

**KN – Boys**

- 1st** Jackson S
- 2nd** Jordan F
- 3rd** Flynn R

**KS – Girls**

- 1st** Chelsea M
- 2nd** Mylee C
- 3rd** Willow G

**KS – Boys**

- 1st** Leo S
- 2nd** Archie C
- 3rd** Isaac H

**KW – Girls**

- 1st** Ella G-A
- 2nd** Addison S
- 3rd** Hannah J

**KW – Boys**

- 1st** Cooper D
- 2nd** Jackson D
- 3rd** Adrian F

**1/2R - Girls**

- 1st** Lucinda C
- 2nd** Victoria N
- 3rd** Sierra S

**1/2R - Boys**

- 1st** Jack A
- 2nd** Lachlan A
- 3rd** Connor B/ Joseph M

**1C – Girls**

- 1st** Elizabeth L
- 2nd** Alexis P
- 3rd** Miila W

**1C – Boys**

- 1st** Jordan C
- 2nd** Lex H
- 3rd** Elijah W

**1M – Girls**

- 1st** Sophie K
- 2nd** Kailyn F
- 3rd** Mia S

**1M – Boys**

- 1st** Levi C
- 2nd** Lukas F
- 3rd** Izaac J

**1N – Girls**

- 1st** Caitlin B
- 2nd** Ruby R
- 3rd** Hunter T

**1N – Boys**

- 1st** Isaac H
- 2nd** Kaidan E
- 3rd** Cohan C





**1S – Girls**

<b>1st</b>	Elissa J
<b>2nd</b>	Lauren W
<b>3rd</b>	Felicity C

**1S – Boys**

<b>1st</b>	Owen F
<b>2nd</b>	Braedyn P
<b>3rd</b>	Joshua B

**2B – Girls**

<b>1st</b>	Georgia H
<b>2nd</b>	Isabella B
<b>3rd</b>	Lucy M

**2B – Boys**

<b>1st</b>	Lincoln S
<b>2nd</b>	Cameron H
<b>3rd</b>	Joshua J

**2D – Girls**

<b>1st</b>	Ava M
<b>2nd</b>	Amara T
<b>3rd</b>	Ava R

**2D – Boys**

<b>1st</b>	Anthony L
<b>2nd</b>	Lachlan F
<b>3rd</b>	Christopher M

**2H – Girls**

<b>1st</b>	Addison T
<b>2nd</b>	Rylee G
<b>3rd</b>	Ava D

**2H – Boys**

<b>1st</b>	Jett F
<b>2nd</b>	Jarrold T
<b>3rd</b>	Sean W

**1/2R and 2/3F – Girls**

<b>1st</b>	Faith S	1/2R
<b>2nd</b>	Chloe S	2/3F
<b>3rd</b>	Felicity C	1/2R

**1/2R and 2/3F – Boys**

<b>1st</b>	Riley M	2/3F
<b>2nd</b>	Peter L	2/3F
<b>3rd</b>	Ayden L	2/3F







# The simplest way

... to know when sun protection is required.

UV is not like the sun's light which we see, or the sun's warmth which we feel. Our senses cannot detect UV so it can be damaging without us knowing.

**Protect yourself in five ways when the UV is 3 and above.**



SLIP      SLOP      SLAP      SEEK      SLIDE

Sun protection is required today from \_\_\_\_\_ to \_\_\_\_\_.

Maximum UV Index \_\_\_\_\_.

Access the daily sun protection times via the free SunSmart app, or at [sunsmart.org.au](http://sunsmart.org.au)



**When UV is 3 or above you need to SLIP, SLOP, SLAP, SEEK, and SLIDE!**

Go to [www.sunsmartnsw.com.au/resources](http://www.sunsmartnsw.com.au/resources) to download our free resources to document your local daily sun protection times and help you implement best-practice sun protection.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)



# The simplest way

## ... to swap to healthy snacks

Foods packed in the lunch box contribute significantly to a child's overall diet. It is important to try and keep unhealthy treat foods out of the lunch box. Try these healthy swaps:

Swap this	For this
Chips	Plain popcorn
Chocolate bar	<a href="#"><u>Homemade bliss balls</u></a>
Sweet biscuits	Raisin bread
Fruit roll ups/sticks	Tub of canned fruit
Lollies	Dried fruit
Flavoured biscuit	Crackers with cheese
Commercial muffins	<a href="#"><u>Homemade fruit muffins</u></a>

For snack ideas visit [healthylunchbox.com.au](http://healthylunchbox.com.au)

**[healthylunchbox.com.au](http://healthylunchbox.com.au)**





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